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Cambodia Experience

Adventure



Relaxation



Culture



Trip Name: Cambodia Experience **Trip Code:** CMXP **Duration:**

Trip Highlights

- Explore the rich history and culture of one of the most enchanting countries in the world
- Experience local life, staying in a traditional Khmer stilted house
- Visit the extraordinary temples of Banteay Sre and Banteay Samrei and discover ancient Cambodia in Siem Reap
- Explore the world heritage site of Angkor Wat
- Visit a range of charitable and non-profit organisations
- Join orphaned children in language and handicraft lessons
- Travel by ox cart and see the rice fields surrounding Khmer village
- Visit the impressive Royal Palace in Phnom Penh
- Learn more about Cambodia's tragic past at the Tuol Sleng prison



Overview

Take a magical journey and lose yourself in the heart of Cambodian culture with our Cambodia travel experience. You could not wish for a country with more to offer, from discovering hidden waterfalls and mountain villages to volunteering and helping out in the orphanages of Phnom Penh.

With a local English speaking guide to help navigate you can explore the world heritage site of the Angkor Wat temples or uncover the real Cambodian way of life by staying with a local family in a traditional stilted house. Cambodia has a troubled history and you can visit some of the key areas associated with the conflicts. Overall an unforgettable experience is guaranteed with our Cambodia travel experience package.

Destination Info

With a population of over 14 million Cambodia is a small country bordered by Vietnam and Laos. It has long been a place of great interest for travellers from far and wide and for good reason with its incredible cultural diversity.

Cambodia is a deprived yet fascinating country with the rich history of the Khmer empire encompassing such world renowned sites as the temples of Angkor. Its turbulent past has witnessed the loss of nearly two million lives during the Khmer Rouge. In spite of this, the country remains an enthralling place to explore with friendly locals, tropical climate and beautiful wildlife.

Itinerary



Day 1 – Arrival Bangkok

On arrival at Bangkok International Airport you will be met by a representative and taken to your hotel in the city. No activities are planned for today as your fellow travellers will be arriving throughout the day.

No meals included.

Day 2 – Welcome to Cambodia!

We leave Bangkok early in the morning today and head to the border town of Aranyaprathet; after completing the immigration formalities and obtaining the necessary entry visas, we venture into Cambodia and get our first glimpses of what this magical country has to offer.

Our first port of call is Banteay Chhmar where you will be able to experience true Cambodian hospitality by staying with a local family in a traditional Khmer wooden stilted house. After time to relax and settle in, our local guide will take us to the Banteay Chhmar temple, clambering over rocks and through shaded woodland you will catch a glimpse of the fallen walls and towers of this beautiful temple. On the western wall you will be able to see some of the intricate carvings that still remain, many depicting scenes of daily life during the Angkorian Period and magnificent 32-armed god Avalokiteshvara.

As the day draws to a close and the sun sets over this tranquil temple, a traditional Khmer dinner will be served by torch light, with the local community in the grounds of the temple; this is a great opportunity to gain a unique insight into village life in Cambodia. After a lovely evening it will be time to return to your host family in the village where you will stay the night.

Breakfast and dinner included

Day 3 – Banteay Chhmar to Siem Reap

This morning you will awaken to delightful views of rural Cambodia and rice paddies stretching off into the distance. If you wish, you can return to the temple and bask in the solitude of a lonely temple sunrise. After a local breakfast there is the opportunity to learn more about village life as you take a ride on a local tractor and visit the rice fields, stroll around the grounds of the village pagoda, and visit a local organization that is helping to revive the silk weaving industry. Depending on the time of year you may also wish to assist your host family with their farm activities. Stop at a local restaurant for lunch and then set off for Siem Reap. Before travelling too far you will stop off at Banteay Top, another wonderful and remote ancient temple. Nearby Siem Reap city we stop by Pouk and visit a silk farm. You are free once arriving in Siem Reap.

Breakfast and lunch included.



Day 4 – Explore Siem Reap

Today is a great day for soaking up some culture and really getting to know what life in ancient Cambodia was like. We start the day by visiting the Rolous Group along with Lolei, Preah Kô and Bakong which are located in the centre of the first large-scale Baray, constructed by an early Khmer king. These beautiful temples will give you a taste of what is in store for you later on in this enchanting journey.

Later on you will visit Banteay Srei, a firm favourite among the many travelers, with its intricate carvings and decoration which remain in remarkable condition after so many years; Banteay Samre with its rose-coloured sandstone walls, carvings and bas-reliefs which are some of the best that Angkor has to offer. Finishing off the day, you will be able to visit the Cambodian Landmine Museum giving you the opportunity to learn a little more about this country's tragic past with its fascinating displays.

Breakfast included

Day 5– Explore Siem Reap

Today you will be up bright and early, ready to jump on your bike and set off on a leisurely cycle ride through the jungle, passing through local villages on the way to the world heritage areas. Today will be very active and is bound to be one of the most memorable of your trip, as you explore some of the most beautiful temples that Angkor has to offer. The highlights of today's activities include:

- Ancient capital of Angkor Thom dating back to the 12th century
- West gate of Angkor Thom which is very much undiscovered by mass tourism
- South gate of Angkor Thom moving on to Bayon Temple
- Baphuon temple
- Phimeanakas and the Royal Enclosure
- The Elephant Terrace
- Terrace of the Leper King

After all that sightseeing you will no doubt be ready for a nice lunch and a rest. You will be having lunch at a training restaurant for budding local chefs. One person having lunch at this restaurant will pay for one day of training for one student at the school, so you will be actively contributing to the success of the students at the school! Having recharged your batteries you will spend the afternoon visiting the world famous Angkor Wat, which was made a World Heritage Site in 1992. You will also visit the Bakheng Temple before witnessing a beautiful sunset from Bakheng Hill. In the evening, you can go shopping in the bustling night market of Angkor.

Breakfast and lunch included.

Day 6 – Explore Siem Reap

After breakfast, we will visit an NGO which provides a range of support activities to disabled people, many of whom are victims of leftover war weapons or a Blind Massage school. We also visit the centre for Khmer Studies, a non-profit, non-governmental organization promoting the social sciences, arts and humanities as they relate to Cambodia and Southeast Asia. We support emerging Cambodian scholars, writers and artist, following the near disappearance of these dynamic creative leaders during the Khmer Rouge regime.

Also visit the Sangkheum Centre for Children and Artisan Angkor, which is handicraft centre. Sangkheum Centre is the place that you can join the children language or handicraft classes, etc. Mainly the children are from poor families, some are orphans or street children. Today is a chance to make a difference and see so much more. Your chance to really see what real life is like in a Cambodian Village. Arriving at the village, we meet our host family for the day and we go by ox cart to visit the Khmer Village and enjoy view of the rice fields and endless palm trees. This tour program provides the villagers with a sustainable stream of income, and creates opportunities for the entire village. We head to a local school and temple and this is a great chance to meet some very friendly children and give them the chance to practice their English skills. We board on boat in Tonle Sap Lake. Here, enjoy a brief cruise past floating villages complete with schools, restaurants, and hospitals.

Breakfast included.



Day 7 – Siem Reap to Phnom Penh

We have an early start today as we take the express bus from Siem Reap to Phnom Penh, the journey time is approximately 6 hours. On arrival in Phnom Penh you will be taken to your hotel accommodation where you will have time to settle in and relax after your long journey. You will have free time for the rest of the day, when you may like to take the opportunity to explore the captivating city.

Breakfast included.

Day 8 – Explore Phnom Penh

We begin the day with a visit to the Royal Palace, built in 1866, it is one of the most impressive and ornate Khmer-style palaces in Cambodia. Following this you will move on to the Silver Pagoda, the Independence Monument built in 1954 and the National Museum which is a beautiful red building in traditional Khmer architecture built in 1917.

Afterwards you will visit an NGO which works with local children and provides them with free vocational training and schooling, during the visit you may have the option to either join a lively class or see a documentary detailing the life of children in Cambodia.

There are still reminders of Cambodia's tragic past in Phnom Penh; in the afternoon you will be taken to visit the Tuol Sleng prison also known as S-21 (Genocide Museum), which was the secret heart of Khmer Rouge Regime. S-21 stands for 'Security Office 21' and was the premier security institution during the regime and was specially designed for the interrogation and extermination of anyone who opposed the Khmer Rouge Regime. During the visit to S21 you will be able to see some of the tiny cells that prisoners were held in and view countless photographs of unfortunate victims of regime. After a thought provoking visit to the Genocide Museum, you will move onto Choeung Ek museum (more commonly known as the Killing fields); between 1975 and 1978 approximately 17,000 men, women and children were detained and tortured at S-21 prison before being taken to the extermination camp of Choeung Ek. It has now been made into a museum and monument to those who lost their lives.

After a moving afternoon, we will take a walk to the only hill in Phnom Penh where the sacred temple of Wat Phnom stands, walking through a riverside park before continuing along the banks of the Mekong River with breathtaking views of the beautiful city of Phnom Penh by night.

Breakfast and lunch included.



Days 9 to 13 – Volunteering in the local Orphanages of Phnom Penh

For the next five days you will have the opportunity to volunteer in a local centre for children in Phnom Penh, the centres provide children, many of whom are orphans, with much needed care and support by giving them a safe home to live in, vocational training and education, food, clothing and medical care. As a volunteer at one of these centres you will be assisting the staff with daily duties but more importantly providing care and attention to these wonderful children. You may be able to help educate these children through performing arts, maths, sport, art and language lessons.

Breakfasts included.

Day 14 – Phnom Penh to Tonle Bati to Phnom Penh

This morning you will depart Phnom Penh and head south to visit Tonle Bati where you can explore the small yet picturesque Angkorian temple of Ta Prohm. Ta Prohm was built by King Jayavarman VII (ruled 1181 to 1201), on the site of a 6th century Khmer shrine, the main sanctuary consists of five chambers. On the banks of a nearby river you'll find a line of bamboo shacks with hammocks which make a great place to chill out, enjoy a nice drink or take a swim in the fresh water!

Breakfast and lunch included

Day 15 – Phnom Penh then departure

After what we hope has been a truly memorable trip, you will be taken to Phnom Penh Airport in time for your flight home, alternatively if you continuing your travels independently you will be free to go today.

Breakfast included

Accommodation

Accommodation will vary during your programme as you will be moving to 3 or 4 different locations depending on which option you choose.

Banteay Chhmar: Host family, basic accommodation staying in basic Khmer wooden stilted houses, there will be no electricity so remember to take a torch.

Siem Reap: Standard room in a tourist class hotel, twin share accommodation.

Phnom Penh: Standard room in a tourist class hotel, twin share accommodation. For the volunteer option you will be accommodated in a Guest House from days 9-13.

You will be sharing a room with another member of your group, if you are travelling with someone then please remember to let us know so that we can make sure you are kept together throughout your programme.

Programme Services and Facilities

Internet

Internet access will be available for you to use during your free time at internet cafes in Siem Reap and Phnom Penh, this will be at your own cost. Please be prepared that internet service may be slow and often intermittent.

Telephone

The international telephone access code for Cambodia is +855.

To place an outgoing, direct dialled international call, dial +44 for the UK, followed by the telephone number. For example to call Real Gap dial +44 1892 516164.

Laundry

A laundry service will normally be available at your accommodation in Siem Reap and Phnom Penh; the cost is normally approximately \$1.25 per kilogram of clothes. Alternatively, if you would like to have it done a little cheaper there are other laundry services in the cities for around \$1 per kilogram by hand.

Meals

Breakfasts are included throughout your programme in Cambodia, however most lunches and dinners are not included so that you have the opportunity to enjoy the local cuisine and eat out in some of the local restaurants and bars.

What's Included

- Accommodation
- Meals as specified in the program itinerary
- Transport
- Facilities of a local English-speaking guide (except where otherwise stated)
- Activities and excursions as specified in the itinerary



What's Not Included

- All flights
- Travel insurance
- Visa fees
- Drinks and meals not included in the programme
- Tips for guides and drivers



What to Pack

Please note that this kit list is intended to help you plan what you may need to take with you and therefore, you may not need all of the listed items on your travels nor is it exhaustive.

Personal Admin

- Passport, insurance certificates and personal documentation
- Photocopies of all the above to be left at home with your next of kin
- Spending money
- Cash for airport departure tax
- Proof of inoculations (please speak to your doctor about necessary immunisations)
- Guidebook on country

General

- Camera / Film / Batteries
- Notebook and pen / diary
- Torch / Extra Batteries
- Sunglasses
- Pocket-knife (comes in handy for general use)
- Water bottle – at least 1 Litre
- Day pack/rucksack for everyday use
- Personal enjoyment - books, cards, music, to enjoy with your fellow volunteers etc.
- Personal hygiene items (deodorant, soap, shampoo, toothbrush etc)

Clothing

- Hat
- Sandals
- Sturdy walking boots or trainers (essential for the Adventure option)
- Waterproof Jacket
- Fleece/pullover (for cool evenings)
- Long trousers
- Warmer clothing for winter
- Swimwear
- Towel
- Medical Kit
- Personal Hygiene Kit (ex. Antihistamines, Anti- diarrhoea tablets, headache tablets)
- Personal Toiletries
- Sunscreen
- Mosquito and insect repellent

Teaching Aids (Volunteer option only)

- Flashcards
- Visual aids such as pictures
- Paper and pens
- Whiteboard markers etc
- Pictures of yourself and the area you are from - useful when doing a self introduction

You will find these resources very useful when teaching the children. You may also want to budget a small amount of money to buy some materials when you are in Cambodia if you prefer.

Minimum Age

Minimum 18 years old. Maximum dependent upon the health of participant.

Minimum Numbers

This trip requires minimum numbers to operate.

Flights

You should arrange for your flights to arrive into Bangkok International Airport, Thailand on your programme start date and depart from Phnom Penh Airport, Cambodia on your programme end date.

To book your flights, please contact your Travel Advisor who can look into the best flight quote for you.

It is important that once you have booked your flights you add these details to your Online account, or alternatively, you can contact us with your departure date, the flight number and arrival time at your destination.

Please note: This programme requires a minimum of 2 participants to run. Please contact us to confirm whether the minimum numbers have been met for your start date, we recommend that you do not book your flights until we have confirmed these numbers and the programme will be running.

FAQs

1. **What are the typical group sizes?**

Groups sizes vary depending on the time of year, but generally you can expect to be with between 5 and 8 fellow travellers.

2. **How much spending money would you recommend I take?**

You will need between £80-£100 Per week. If you want to do some extra activities in your free time then you will need a bit more.

3. **What are the average ages of travelers on this trip?**

The majority of participants on this program are aged between 18-30, however it is popular with travelers of all ages.

4. **I am a first time traveller, and a bit apprehensive about travelling on my own. Do many people do this by themselves?**

The majority of our participants are solo travelers, so you will be one of many in the same position. We e-mail out a buddy list 2-3 weeks before you start, so you can begin to get to know one another beforehand.

5. **Is Cambodia safe?**

Absolutely, and you have co-ordinators with you at all times to ensure your safety.

DBS

This trip requires a Police Check to be carried out - please contact us for further information on how to do this.

Support & Advice

Your safety is paramount which is why all our programs have been visited and assessments have been conducted to ensure any major risks have been minimized.

You will be assigned a personal travel advisor who will co-ordinate your program with you. Feel free to contact them at any time before you go, or when you are on your travels. They will provide you with competent assistance and help with any questions or advice you may need during your stay.

In addition, you will have access to a 24 hour emergency contact number so you can contact one of our staff at any time should you need to. In addition our overseas partners and coordinators are on hand in-country to assist you.

Financial Security

We know that the last thing you want to worry about when you're planning your trip of a lifetime is whether your money is in safe hands. As a leading global gap year provider it's our job to make sure your finances are secure, so when you book with us you can be confident that we do just that.

Real Gap Experience is part of TUI Travel Plc, one of the largest travel organisations in the world, and these days in the travel industry, large means secure.

Insurance

Whether you're traveling for two weeks or two years, trekking the Amazon in Ecuador or on safari in Africa, insurance is an essential part of your adventure and will help you enjoy your travels, secure in the knowledge that you have the protection you need. In fact, everyone traveling with us must have adequate cover before their trip begins.

Of course you are free to buy insurance from any provider, however at Real Gap Experience, we have partnered with World Nomads to offer policies that have been specifically designed to meet the needs of global travel. If you think you're already covered by an existing policy, such as those offered by credit card providers, check the policy wording very carefully to ensure it covers you for your Real Gap Experience.

For more information on travel insurance please contact us to speak to one of our travel advisors.

Money Matters

The unit of currency in Cambodia is the Riel (KHR; symbol CR) with notes in denominations of CR100,000, 50,000, 20,000, 10,000, 5,000, 2,000, 1,000, 500, 200 and 100.

The US dollar tends to be more widely used by travellers and is accepted all over Cambodia – make sure you carry your US dollars in low denomination notes. However, it is always best to have about US\$10 worth of riel kicking around, as it is good for motos, remorque-motos and markets. If you pay for something cheap in US dollars the change comes in riel. In remote areas of the north and northeast, locals only deal in riel or small dollar denominations.

There are credit-card-compatible ATMs (Visa and MasterCard only) in most major cities and the machines all dispense US dollars. You'll find your money goes a very long way if you purchase local foods and drinks.

Meal, Inexpensive Restaurant 2.75 \$

Domestic Beer (0.5 litre draught) 1.55 \$

Coke/Pepsi (0.33 litre bottle) 1.00 \$
Water (0.33 litre bottle) 1.00 \$

(Prices quoted in US Dollars)

Passports and Visas

You should ensure that you have a full passport that is valid for 6 months beyond the intended length of stay. It is your responsibility to have the correct personal documents and to obtain your own visa, if one is necessary, in accordance with the regulations of the country you are to visit. The information provided below is to help you with that process. We are not responsible for the actions of local immigration and customs officials, whether at points of entry or otherwise, and any subsequent effects.

Nearly all nationalities require a visa for travel to Cambodia. The only nationalities that DO NOT require a visa are:

For a stay of up to 30 days to: Malaysia & Singapore
For a stay of up to 21 days to: Philippines

UK passport holders

For UK passport holders, we have teamed up with a great partner, Travcour, to offer you specialist assistance and advice when arranging your visa/s for your time away; making your preparations for your trip easier and more straight forward.

To access the application forms please [click here](#) and select the correct trip name from the drop down list and press submit. You will then need to agree to Travcour's Terms and Conditions by ticking the box that will appear; once you have done this you will be able to download your visa information pack by clicking on the **[pdf]** button next to your trip name.

If the form requires details of addresses/ inviters/referees before it can be processed then you will receive these on your Online Account once you have booked.

If you have any questions relating to your application using this service, please contact Travcour directly on the following details:

Telephone: 020 7223 6295
Email: info@travcour.com

Non-UK passport holders

If you are not a UK passport holder, you will need to contact your nearest Embassy, High Commission, Consulate for the country that you are travelling to in order to obtain the relevant visa for your time away.

Cultural Considerations

Cambodia is a developing country and you will see places and people far less fortunate than yourself. The accommodation you will be staying in is very basic and you will not have the luxuries that you may be accustomed to in this country. Please respect that this is the way locals live and take the opportunity to experience this new way of life.

The friendly people, the great atmosphere and beautiful location will more than make up for this. Most travellers enjoy this change in life style. It is very healthy, refreshing and opens your mind to a new world.

Upon meeting one another, Khmer people greet each other with a bow, with the hands meeting in prayer. As commonplace throughout Southeast Asia, you should welcome others with your palms together in a prayer with your fingers facing upwards. It is not acceptable to pat others on the head, please refrain from doing so, as locals believe it to contain the persons' soul.

Please be prepared that you may be asked many questions by the local community such as 'How are you?' or 'Are you married?' or 'How old are you?'. Please do not take offence to these personal questions- the locals are always trying to learn the English language and trying out their new conversational skills with visitors to the area.

Tipping

Tipping is not customary in Cambodia, however the locals will appreciate any gratuities if they provide you with a good service.

Religion

Hinayana Buddhism is the principal religion in Cambodia with around 90% adhering to this faith. Monks with alms bowls are quite an ordinary sight in Cambodia.

Clothing

Please ensure you respect the local etiquette when visiting the wats (temples), by following the guidelines below:

- Refrain from wearing shorts or tank tops
- Remove your hat and shoes upon entry to a wat or vihara (sanctuary)

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- Khmer women dress fairly conservatively, and you expected to do the same, long sleeved shirts and trousers or skirts for women are preferred

Smoking, Alcohol and Drugs

Smoking and drinking is acceptable in Cambodia and readily available. However, please respect other people. Smoking is not permissible in volunteer apartments or the host families' homes. Drinking is only permissible in moderation and must not impact upon any volunteer work you undertake. While we want you to have fun in your free time, antisocial behaviour will not be tolerated.

Bathroom Facilities

You will experience a range of different shower and toilet facilities. Unless you are staying in a hotel you will rarely have hot water. The cool water takes a little getting used to but I'm sure you'll find it refreshing after a hot and humid day. Toilets will be a combination of western and Asian. Remember to put all toilet tissue in the bin provided and not in the toilet.

Whilst on excursions you will notice that many places do not have a western toilet and will have a typical Asian toilet; again this is all part of the Asian culture. Also, many places do not have soap in the bathrooms. It is a good idea to take a small bottle of soap gel and keep it in your day bag. This is an antibacterial gel that you don't need to rinse off. These are available in chemists in the travel section.

Vaccinations & Health

Travel health can often be something people forget about before going away, but a little preparation and knowledge can go a long way to help you stay fit and healthy while abroad. The risks to your health whilst travelling will vary depending on your general health and the type of activities you are going to be partaking in and the length of your stay.

Since we are not medically qualified, it is recommended that you consult with your Doctor or a recognised Travel Medical Advisory Service who will assess your particular health risks before recommending vaccines and/or anti-malarial tablets and advising you on what precautions you should take.

Safety

As in most countries, there are locals in Cambodia that will always take advantage of tourists; the following advice is intended to help you stay safe:

- Always keep your personal items such as passport, money and camera with you or in a safe place. You can buy mini padlocks to prevent people from going into your backpack without your permission.
- Try not to carry more than USD \$50 with you at any one time
- Always walk around in groups
- Stick with the escorted trips. If you do go out in the evening unescorted, you do so at your own risk. Please tell the co-ordinator or your home-stay family where you are going and what time you will be back.
- A tuk tuk is the most common mode of transport used in Cambodia, we recommend that you use this type of transport to visit local attractions.

This information is not intended to scare you. Unfortunately, bad things can happen, as they can do in any country and we want you to be prepared. We want you to stay safe and have a good time.

Khmer people are generally very friendly people and easy to get along with. Please be friendly, respectful and stay aware and you will have a great time.

We advise that you check your government's advice before travelling abroad. For UK, American and Australian customers please see the relevant links below;

UK: www.fco.gov.uk

USA: www.travel.state.gov

Australia: www.smartraveller.gov.au

ATM Theft

It is very likely that you will need to withdraw cash at some point during your travels. Please be cautious when withdrawing money from an ATM and ensure that you are vigilant of other people near the ATM, especially those that offer unsolicited assistance if your card is detained. It has been recognised that individuals are operating unlawful withdrawals by placing 'traps' in ATMs whereby personal bank cards are being detained, causing the victim to believe their card transaction has not been completed, and leaving their bank card in the ATM which is then later retrieved by the thief.

If your card is confiscated or you are concerned that your card has been tampered with, please report immediately to the bank or cancel your card. Every now and then, some ATMs in Cambodia run out of money, if this happens during a transaction, please contact a member of staff at the bank in Cambodia and contact your bank at home, taking note of the time it happened.

Language Guide

Khmer is the official language in Cambodia; however, English and French are widely spoken. We suggest you obtain a Lonely Planet or language guide for the destination(s) you are travelling to.

Below are some useful Khmer phrases to remember when you get to Cambodia:

Hello - *joom reab sour/sour sdei*

Please - *suom*

Excuse me - *suom tous*

Thank you - *ar kun*

Yes (by women) - *jas*

Yes (by men) - *bat*

No - *te*

How are you? - *tau neak sok sapbaij jea te?*

Goodbye - *lear heouy*

Where is a/the...? - *tau...nouv eir na?*

How much is a room? - *chnoul mouy bantuop tleiy ponmann?*

Food & Drink

Khmer cooking is very similar to the food you would find in Thailand just without the spices. Rice and fish are the main staple foods in Cambodia and most dishes are cooked in a wok, known locally as chhnang khtek. The local delicacy is Amok (fish cooked in coconut milk) though many dishes are prepared with chicken, pork or beef. You will find an array of tasty shrimps and crab along the coast. Phnom Penh offers a cosmopolitan variety of food, where you will be able to try original recipes or for those less adventurous, Western food is also available. Please remember to let us know before you depart if you have any special dietary requirements.

Public Holidays

When planning your trip, you should be aware of the major national holidays celebrated throughout the country. However, although businesses and government offices are closed on public holidays, tourist attractions and shops are almost never closed. The main impact on the tourist of these holidays is the increased competition for travel and accommodation from Cambodians who use long weekends to get away from the big city.

To view a list of the public holidays for Cambodia please see the link below:

www.worldtravelguide.net/cambodia/public-holidays

Weather

The climate of Cambodia is tropical. There are two different seasons, the wet and the dry season. The wet season runs from May through to October, where the southwestern monsoon carries strong winds, high humidity and heavy rain-though mainly in the mornings. The dry season, carried by the northeastern monsoon lasts from November to April and brings little rain.

Time

Cambodia is 8 hours ahead of GMT

Electricity

Electricity in Cambodia uses 230 volts, 50Hz. There are two types of plug sockets used in Cambodia;



Flat blade

or



Two round pins



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Trip Note Disclaimer

The information contained in this trip note has been compiled with great care and is provided in good faith. Any itinerary featured is correct at time of release. However, our itineraries may change as make improvements that result from travellers' comments, our own research or from time to time as a result of reommended travel advice.

You can rest assured that it is always our goal to provide you with the most rewarding trip and experience ever!

Our Details

If you have any questions about this trip please do not hesitate to contact us and we'll be happy to answer them.

Phone: 1-800-985-4852

Email: info@realgap.com

Post: Real Gap Experience, 8 Essex Center Drive, Peabody, MA 01960

Web: www.realgap.com